



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## **Day Trip Packing List**

For students to be safe and comfortable while at camp, it's important that they come prepared. Parents and students should be made aware well in advance what should and should not be brought to camp so that items families don't own can be borrowed or substituted rather than purchased hastily or neglected altogether. When advising students and their parents on what to bring we recommend they be reminded of the time of year the school will be attending camp.

**-All jewelry and other expensive belongings (iPods, mp3 players, cell phones, video games, digital cameras, etc...) or those with sentimental value should be left at home. *Please note: Cell phone, iPod, mp3 player and video game usage is prohibited during Camp Bernie run activities. Should a participant bring these items, they must remain turned off and in the participant's day pack while at Camp Bernie.***

**-Items explicitly prohibited are, weapons including pocketknives, matches and other flammable items, and food.**

**-Students' items should be labeled with their first and last name and the name of their school.**

### **Required Items:**

- \_\_\_\_\_ Weather appropriate outdoor clothing (layers recommended)
- \_\_\_\_\_ Socks & Shoes (sneakers or boots only; NO flip flops or Crocs)
- \_\_\_\_\_ Rain gear
- \_\_\_\_\_ Water bottle
- \_\_\_\_\_ Bagged Lunch (if applicable)

### **Optional Items:**

- \_\_\_\_\_ Hat
- \_\_\_\_\_ Bug Repellant and Sun block
- \_\_\_\_\_ Disposable cameras (labeled and stored in a ziplock bag)
- \_\_\_\_\_ Wristwatch

### **Suggested Winter Items:**

- \_\_\_\_\_ Thermal underclothes
- \_\_\_\_\_ Snow pants
- \_\_\_\_\_ Winter hat
- \_\_\_\_\_ Gloves or mittens
- \_\_\_\_\_ Winter coat
- \_\_\_\_\_ Snow boots